

## TOUR TRAVEL RULES & REGULATIONS

- Parents and players are responsible to sign-up for each ITF/USTA sectional/regional/national tournament
- All players planning to participate on a Saddlebrook Tour or overnight coaching must confirm 30 days prior to the beginning of the tour/tournament
- Players must bring their passport and I-20 form with them on all tours
- All passports must have a minimum of 6 months left prior to expiration
- Coaches will assist parents and players with obtaining the necessary visas
- All players on the touring team must take out appropriate travel health insurance for all international and domestic (USA) tournaments
- Players must inform the traveling team coach if they are carrying any medications while on the tour
- It is mandatory for players to carry a valid debit/credit card
- Travel costs will be divided proportionally by the number of days each player travels
- The Saddlebrook Tennis International Coaching Staff is paired with the school to setup online tutoring sessions and mandatory study hall times while on the road as part of the travelling routine.

## PATHWAY TO SUCCESS

### CRITERIA FOR INTERNATIONAL/NATIONAL TRAINING

- Athletes' schedules built on the calendar year
- ITF Grade A, G1, G2 & G3
- USTA L1, L2
- USTA Pro Circuit Events
- Athletes' school, training and match play schedules are built around their tournament schedules
- 100% Online Schooling

### CRITERIA FOR REGIONAL/SECTIONAL TRAINING

- Schedules built on calendar year
- ITF Grades 4 & 5
- USTA L7 – L3
- Traditional school and online school – blend
- Selective AM training blocks based on ranking and performance merit

### CRITERIA FOR DEVELOPMENTAL TRAINING

- 100% traditional school and locked in training and match play schedule
- Following the USTA National Junior pathway through L9 - L6 for USA and International students
- USA students will continue on to USTA regional and national pathway
- International students will continue on to the ITF system

**Saddlebrook**  
TENNIS

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TENNIS

## ACADEMY TRAINING OPTIONS



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## PROGRAM INFORMATION

- Using Saddlebrook Resort's Sports Village as a training base for tennis and sports performance training, in conjunction with our on-site traditional school, online school, a blend of both or our tennis only option, athletes will schedule their competitive year and have all of the tools to be successful both on the courts and in the classroom.
- On-site training and practice match blocks are scheduled based on the type of schooling and ranking.
- Training blocks both on/off the court will utilize hard and clay courts for tennis training and matches and the sports performance staff, buildings and athletic fields for the development of the overall athlete.
- Each athlete's schedule of tournaments is designed for progression through the ITF/USTA points per round system.
- A full schedule of USTA National/Sectional tournaments will be scheduled for qualifying players through the USTA system.
- International and American players will also have a full calendar year ITF schedule divided into tours in North America, Central/ South America and Europe.

## SADDLEBROOK PREPARATORY SCHOOL & TENNIS TRAINING



### OPTION 1: SADDLEBROOK PREPARATORY SCHOOL & TENNIS TRAINING

#### Description:

- School 7:30am - 12:05pm
- Tennis Training/Match Play/Performance Training:**  
3 blocks: 1:00 - 3:00pm, 3:00 - 5:00pm, and 5:00 - 6:00pm
- US CITIZENS are offered a blended education with Saddlebrook Preparatory School/Laurel Springs with the availability of an additional training block from 9:00 -11:00am
- INTERNATIONAL STUDENTS will need to be issued an I-20 form for the processing of their F-1 student visa.

### OPTION 2: LAUREL SPRINGS ONLINE SCHOOL & TENNIS TRAINING

- Classroom teacher assistance, available by appointment, from 1:00 - 3:00pm

#### Description:

- Tennis Training/Match Play /Performance Training:**  
4 available training blocks: 9:00 - 11:00am, 1:00 - 3:00pm, 3:00 - 5:00pm, and 5:00 - 6:00pm
- INTERNATIONAL STUDENTS - tourist visa

### OPTION 3: TENNIS ONLY

#### Description:

This option is specifically designed for an athlete's need to strategically organize their competitive schedules to accommodate their travel both domestic and internationally.

- Tennis Training/Match Play /Performance Training:**  
4 available training blocks: 9:00 - 11:00am, 1:00 - 3:00pm, 3:00 - 5:00pm, and 5:00 - 6:00pm

- INTERNATIONAL STUDENTS - tourist visa

